

Sports

BOYS ATHLETE OF THE WEEK

Tuesday, January 25, 2011

By: The Reporter

Who he is: Jacob Sisko, senior, North Penn swimming

What he's done: Sisko won one individual event and helped three North Penn relays team earn the fastest times in their events as the Knights claimed the 500th victory in program history by topping Quakertown 113-29 in a Suburban One League Continental Conference meet last Wednesday.

Sisko took first place in the 100 free, hitting the wall in a time of 49.70. The North Penn senior captain also swam on the winning 200 free (1:28.91) and 200 medley (1:40.21) relays, and was on the fastest 400 free relay squad (3:35.25).

What's next: The Knights (8-0, 5-0 SOL Continental) host Souderton 3:30 p.m. today. North Penn downed the Indians 103-75 last season.

Honorable Mention: Anthony McKie (Wissahickon basketball) finished with a game-high 22 points as the Trojans downed host Hatboro-Horsham 62-49 in the SOL Challenge last Saturday; Kolton Veit (Souderton wrestling) pinned Quakertown's Jimmy Flood in 30 seconds — the fast for the Indians in the match — as Souderton bested Quakertown 43-25 last Wednesday; Tim Abruzzo (Pennridge basketball) had a game-high 24 points as the Rams rolled past Quakertown 73-53 last Wednesday.

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