

NP girls get their revenge

By: BILL KEEN The Intelligencer

The Maidens had lost to Souderton last season, but their depth was too much for the Indians this time.

FRANCONIA - They say revenge is sweet, which explains why the members of the North Penn girls' swimming team left Souderton's brand new pool acting like they had been locked overnight in a candy store.

One year ago today, the Indians earned a nine-point victory over the Maidens on their way to an undefeated season and a carload of gold at the PIAA Class AAA state championships.

Wednesday North Penn was the one with the undefeated record to protect and wasted little time getting to the wall first in the opening event, capturing the 200-yard medley relay in 1 minute, 53.62 seconds.

In the end, the Maidens (6-0, 3-0 SOL Continental) used superior depth for a 110-76 win and a clean sweep for the visitors, as the North Penn boys swam the last three events in exhibition and still coasted to a 103-75 win.

"We have six girls who can go 55 (seconds) in the 100-(yard) freestyle," North Penn girls' head coach Matt Weiser said. "Not that that's some extraordinary we're-going-to-win-states time, but it levels the playing field for us. Where we might not always get that first place, we're getting twos, threes (and) fours and I think that's huge."

While the Maidens' Colleen Stiles was a double winner in the 500 free and the backstroke, Souderton's Missy Doll won the 100 and 200 free and swam a fantastic anchor leg propelling the Indians (6-2, 2-1 SOL) to the win in the 400 free relay.

"She anchored that relay in 51.7," Souderton head coach Todd Bauer said. "I think that's the best non-state relay swim I've ever seen; that was absolutely outstanding.

"I said to her before she swam, 'Let's not let them have another pool record,' and she just smiled."

Doll's amazing anchor leg prevented a Maidens' record-setting sweep of the relays as the Indians' time, 3:40.72, is now the mark to beat. Combining the girls and boys results, 15 pool records were set, which is hardly a surprise considering how new the facility is.

"People were asking me today (if we keep) a list of the pool records," said Bauer, who coaches both Indians' teams. "I said, 'Yes, get it after the meet,' because I knew (virtually) every event would be a pool record."

While the North Penn girls were avenging last season's loss, the boys (5-1, 3-0 SOL) put things in cruise control after going 1-2 in the 200 free relay; although they won the final two individual events and the 400 free relay, they declined to take any additional points.

"Anytime we swim Souderton it's pretty easy to get our guys excited," Knights head coach Brian Daly said. "You just don't have these magical drops in districts and leagues, so we're trying to whittle away at some times and break through some plateaus.

"All and all it was a good day, not a great day, but a very solid day."

The lone official winner for Souderton (5-3, 2-1 SOL) was sophomore diver Ozzie Moyer; North Penn's Jack Else was the guys' lone double winner with convincing wins in the 100 and 200 free.

"The 200 felt good, I felt a little sluggish but as I got going I got into a groove and I felt good," Else said. "It's always nice to swim against Souderton; this is a fun meet + but it felt good to win and get a pool record in the 200 as well as the 100."

Girls

North Penn 110, Souderton 76

200-yard medley relay: 1. North Penn (Sam Deana, Sarah Hannings, Jan Ikeda, Mary Morris), 1:53.62; 2. Souderton, 1:57.01; 3. North Penn, 1:57.44; 200 freestyle: 1. Missy Doll (S), 1:57.01; 2. Casey O'Neill (NP), 2:02.14; 3. Laureanna Zrada (S), 2:02.66; 200 IM: 1. Mariel Kush (S), 2:14.56; 2. Ikeda (NP), 2:17.86; 3. Sa. Hannings (NP), 2:19.42; 50 freestyle: 1. Chloe Thomas (S), 24.80; 2. Deana (NP), 25.07; 3. Morris (NP), 25.58; Diving: 1. Ashley Liss (NP), 211.20; 2. Shauna Hannings (NP), 209.15; 3. Heather Paolone (NP), 192.80;

100 butterfly: 1. Ikeda (NP), 58.68; 2. Kush (S), 59.96; 3. Morris (NP), 1:02.86; 100 freestyle: 1. Doll (S), 53.69; 2. Thomas (S), 55.01; 3. O'Neill (NP), 55.53; 500 freestyle: 1. Colleen Stiles (NP), 5:20.68; 2. Zrada (S), 5:31.76; 3. Bronwyn Smith (S), 5:32.71; 200 freestyle relay: 1. North Penn (Deana, Hannings, Morris, O'Neill), 1:39.99; 2. Souderton, 1:40.05; 3. North Penn, 1:49.74; 100 backstroke: 1. Stiles (NP), 1:02.55; 2. Katie Patterson (NP), 1:04.88; 3. Karlie Vogt (1:05.05); 100 breaststroke: 1. Sa. Hannings (NP), 1:13.55; Sarah Kesack (S), 1:14.87; 3. Alyssa Tate (NP), 1:16.19; 400 freestyle relay: 1. Souderton (Erica Witoslawski, Kush, Zrada, Doll), 3:40.72; 2. North Penn, 3:42.40; 3. North Penn, 3:56.75.

Records: NP (6-0, 3-0 SOL Continental); S (6-2, 2-1 SOL Continental).

Boys

North Penn 110, Souderton 76

200-yard medley relay: 1. North Penn (Peter Kolokithias, Tomas Gimenez, Jason Deana, Criag Hennessey), 1:41.81; 2. North Penn, 1:46.24; 3. Souderton, 1:49.11; 200 freestyle: 1. Jack Else (NP), 1:49.42; 2. Sean McDonald (NP), 1:50.28; 3. Lee Stiles (S), 1:52.32; 200 IM: 1. Patrick Dunigan (NP), 2:04.57; 2. Kolokithias (NP), 2:05.14; 3. Sean Corcoran (S), 2:08.38; 50 freestyle: 1. Hennessey (NP), 22.63; 2. Deana (NP), 23.00; 3. Nathan Chesmar (NP), 23.44; Diving: 1. Ozzie Moyer (S), 283.65; 2. Frankie Murray (NP), 266.55; 3. Tyler Wenzel (S), 233.60; 100 butterfly: 1. Deana (NP), 55.92; 2. Matt Ortlieb (NP), 55.99; 3. Jack Morris (NP), 58.82; 100 freestyle: 1. Else (NP), 50.20; 2. Chesmar (NP), 50.80; 3. Eugene Feeley (NP), 51.55; 500 freestyle: 1. McDonald (NP), 4:56.74; 2. Dunnigan (NP), 5:02.54; 3. Elliott Miller (S), 5:04.93; 200 freestyle relay: 1. North Penn (Hennessey, Else, Gimenez, Deana), 1:29.63; 2. North Penn, 1:33.01; 3. Souderton, 1:34.68; 100 backstroke: exhibition; 100 breaststroke: exhibition; 400 freestyle relay: exhibition.

Records: NP (5-1, 3-0 SOL Continental); S (5-3, 2-1 SOL Continental).

Bill Keen can be reached at 215-345-3185 or bkeen@phillyBurbs.com.

January 14, 2010